



TOCOTRIENOLS - Health Benefits & Nutraceutical Properties - 2012

Isaac Loh

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To cater to the growing interest in Tocotrienols -- "a new generation of Vitamin E", Vance Group Ltd. has put together and published a 120 page booklet summarizing, in layman terms, the established health benefits of the compound.

This book is based on more than 130 published scientific articles and clinical studies. Structured for an easy read, it categorizes the information in accordance to their relevance to the various health benefits, including cardiovascular health, brain health, anti-cancer properties, skin health and anti-inflammatory properties.

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