

# The Body in Culture, Technology and Society (Published in association with Theory, Culture & Society)

Chris Shilling

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'Once in a while a manuscript stops you in your tracks... What we are offered here is no recovering of old ground but a step change in perspectives on "body matters" that is both innovative and of fundamental importance to anyone working on this sociological terrain... This text is groundbreaking and simply has to be read' - *Acta Sociologica* 

'This is a comprehensive, theoretically sophisticated, and ambitious treatise on the body that draws from, and applies, both classical and contemporary sociological theory in a manner that is innovative and thought-provoking. This book is engaging and thought-provoking, but Shilling's greatest achievement is his ability to illustrate the importance and continued relevance of classical and contemporary sociological theory to real world concerns. It is a book worthy of widespread attention. It reinvigorated my interest in the sociological classics and contained countless nuggets of interesting information that led me to conclude that it would be a worthy book to recommend to a broad sociological audience' - *Teaching Sociology* 

'This is an impressive book by one of the leading social theorists working in the field of body studies. It provides a critical summation of theoretical and substantive work in the field to date, while also presenting a powerful argument for a corporeal realism in which the body is both generative of the emergent properties of social structure and a location of their effects. Its scope and originality make it a key point of reference for students and academics in body studies and in the social and cultural sciences more generally' - *Ian Burkitt*, *Reader in Social Science, University of Bradford* 

'Chris Shilling is as always a lucid guide through the dense thickets of the "sociology of the body", and his chapters on the fields of work, sport, eating, music and technology brilliantly show how abstract theoretical debates relate to the real world of people's lives' - *Professor Stephen Mennell, University College Dublin* 

What I find very useful and without any doubt valuable, not only in Shilling's The Body in Culture, Technology and Society but in his work in general, is the breadth and profoundness of his discussion about the body...the style Shilling maintains is crucial for further development of the sociology of the body as a discipline, for it provides us with a rich intellectual environment about the body' - Sociology

For any colleague wanting to have a clear idea of how studies of the body can be empirically grounded as well as theoretically 'rich', Chris Shilling's *The Body in Culture, Technology and Society*, is the book to read. To my mind it offers the best account thus far of not only how social action is embodied and must be recognised as such but also of how social structures condition and shape embodied subjects in a variety of social arenas... This is wonderful insightful 'stuff' – the ideas and intricate thoughts of a scholar such as Shilling who has been immersed in thinking about the complexities of the body in society as well as sociology for a number of years' - Sociology of Health and Illness

This is a milestone in the sociology of the body. The book offers the most comprehensive overview of the field to date and an innovative framework for the analysis of embodiment. It is founded on a revised view of the relation of classical works to the body. It argues that the body should be read as a multi-dimensional medium for the constitution of society. Upon this foundation, the author constructs a series of analyses of the body and the economy, culture, sociality, work, sport, music, food and technology.



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