



The Ultimate Guide to Sensory Processing Disorder: Easy, Everyday Solutions to Sensory Challenges

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Shockingly, 1 in every 20 children experiences symptoms of Sensory Processing Disorder (SPD Foundation), affecting their ability to fully participate in everyday life. When sensory processing is impaired, lights can be too bright, sounds too loud, and clothes can actually be painful on the skin. It can be practically impossible for children to tolerate their day, let alone learn in a classroom. In this book, endorsed by best-selling special needs author Carol Kranowitz, neuropsychologist Dr. Roya Ostovar helps parents to help their children. She provides clear explanations, up-to-date research, step-by-step strategies, and case examples that bring her proven methods to life.

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