



Healing the Soul Wound: Counseling with American Indians and Other Native Peoples (Multicultural Foundations of Psychology and Counseling)

Eduardo Duran

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Eduardo Duran—a psychologist working in Indian country—draws on his own clinical experience to provide guidance to counselors working with Native Peoples. Translating theory into actual day-to-day practice, Duran presents case materials that illustrate effective intervention strategies for prevalent problems, including substance abuse, intergenerational trauma, and internalized oppression. Offering a culture-specific approach that has profound implications for all counseling and therapy, this groundbreaking volume:

- * Provides invaluable concepts and strategies that can be applied directly to practice.
- * Outlines very different ways of serving American Indian clients, translating Western metaphor into Indigenous ideas that make sense to Native People.
- * Presents a model in which patients have a relationship with the problems they are having, whether these are physical, mental, or spiritual.
- * Includes a section in each chapter to help non-American Indian counselors generalize the concepts presented to use in their own practice in culturally sensitive ways.

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