



Healing the Hidden Hurts: Transforming Attachment and Trauma Theory into Effective Practice with Families, Children and Adults

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Healing the Hidden Hurts: Transforming Attachment and Trauma Theory into Effective Practice with Families, Children and Adults provides a unique collection of professional and personal responses to the challenges that arise in dealing with attachment difficulties.

With contributions from social workers, adoptive parents, adoptees, psychologists, therapists, counsellors and other related professionals, this book provides a varied and expansive approach to explaining attachment theory. The authors speak from personal experience to deliver explanations of theory, how they relate to practice and to provide practical guidance on how to improve the physical, emotional and psychological development of children in care across a broad range of professional settings.

This book provides valuable insights relevant to practitioners within the fields of social work, health, education, the criminal justice system and any independent and voluntary sectors working with children and families.

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