



# Overcoming Arthritis

*David Brownstein*

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## **Overcoming Arthritis** David Brownstein

This book provides the readers with a holistic treatment plan designed by Dr. Brownstein and used in his medical practice to treat arthritis, chronic fatigue syndrome, fibromyalgia, lupus and other autoimmune disorders. The treatment involves the use of natural hormones, diet recommendations, nutritional supplementation, allergy elimination and detoxification.

Dr. Brownstein also describes how many illnesses such as arthritis, chronic fatigue, fibromyalgia and other autoimmune diseases may be caused by infections. This book will show you that supporting the immune system is the key to treating these chronic conditions. By developing a comprehensive treatment program that includes using natural therapies, "Overcoming Arthritis" gives hope to those suffering from many chronic conditions. Dr. Brownstein includes over 30 case studies from his medical practice to illustrate the success he has had in treating these difficult chronic conditions. This book will show you how you can learn to use safe and effective therapies to regain your health.

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