



A Journey Back Home

Rabjot Singh Isher

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Angad is born and brought up in Delhi. The sudden demise of his parents and his break-up with his girlfriend left him shattered and caused a deep hurt on his psyche, and he thus tried to find instant gratification in unethical pleasures like illicit sex, alcohol, etc. Life's been reduced to nothing more than a time period for pleasure and fun for him until he meets Nayab, a unique girl. The girl provides him valuable insights from her personal experience and takes him on a journey of self-renewal. In the process, she quotes the distinguished masters like Kabeer, Guru Nanak, Buddha and a few others to illustrate the difference between spirituality and superstition. Finding practical relevance of the message shared by her to his own life, Angad slowly and gradually starts bringing changes in his life and in his understanding of everything that exists around him. The insights that Nayab shares with him and that makes all the difference comes from as diverse fields as Psychology, Science, Spirituality and Love. The title A Journey Back Home refers to the journey that Angad makes to his physical home (after greatly disliking it initially) inspired by the real journey that he makes to his spiritual home (heart).

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