



Essentials of Professional Cooking

Wayne Gisslen

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Essentials of Professional Cooking, Second Edition, focuses on fundamental cooking procedures and techniques, functions of ingredients, and desired results to empower the reader with the keen understanding necessary to prepare virtually any dish to perfection—without relying solely on a recipe. Specially constructed to meet the on-the-job demands of food-service managers, the streamlined approach of *Essentials of Professional Cooking*, Second Edition, extends the benefits of this material to students and professionals in hospitality management and food-service management.

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