



# Mrs D is Going Without

*Lotta Dann*

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## **Mrs D is Going Without** Lotta Dann

Mrs. D is an alcoholic, albeit a very nice, respectable, articulate, and groomed alcoholic. This is an honest, upfront, relatable account of one suburban housewife's journey from miserable wine-soaked boozer to self-respecting sober lady. This book is an inspirational tale of self-transformation, addiction, and domesticity. This book lays out the entirely unexpected solo journey Mrs. D took in the first year of her sobriety, and reveals the incredible online support that came through on her confessional blog, a blog intended to be a private online diary but which turned into something else quite remarkable.

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