



The 411 on Waiting and Dating

LaToya Michelle

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Why should I wait? What's the point of abstaining from sex? The reality is that waiting can be difficult. In a society where sex seems to be 'no big deal', and dating a number of people simultaneously is the norm and not the exception, many people struggle to see the point in abstaining from intercourse. As a young woman who has been in relationships and chosen to wait, has dealt with self-esteem issues, and has questioned herself 'why waiting matters', author LaToya Michelle understands what many young women contend with as they entertain the idea of getting into relationships and deciding on the subject of physical intimacy. The 411 on Waiting and Dating gets to the heart of the matter by encouraging you to see your worth and to know that your value isn't measured by whether or not you're in a relationship, or by how other people view you, but by how you see yourself. In a simple but powerful way it explores with you the reasons why you're so special, and discusses why as a result, giving away something so valuable as your mind, body, and emotions would indeed be a very big deal! With topics ranging from relationships and personal boundaries, to confidence and how why you dress matters, the underlying theme in each chapter is centered on getting you to see yourself as the jewel that you are, and to know without compromise that you're definitely worth the wait!

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