



Critical Thinking for Helping Professionals: A Skills-Based Workbook

Eileen Gambrill, Leonard Gibbs

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Critical thinking values, knowledge, and skills are integral to evidence-based practice in the helping professions. Practitioners must be able to think clearly, on a daily basis, about decisions that may change their clients' lives. *Critical Thinking for Helping Professionals, 3rd Edition*, is designed to engage readers as active participants in honing their critical thinking skills, mastering a coherent decision-making process, and integrating the evidence-based practice process into their work with clients.

In this interactive skills-based workbook, 37 hands-on exercises offer rich opportunities for students in professional education programs to learn how to make informed decisions. Unique material exploring the use of propaganda in advertising and discussing the research on judgment and problem solving highlight the connection between critical thinking and evidence-based practice. For students in social work, nursing, counseling, and psychology, this new edition of a unique workbook is a fun and thought-provoking way to sharpen and maximize their decision-making skills so that they can provide their clients with the best care possible.

- * Fun, interactive exercises emphasize learning by doing
- * Integrates research and practice, practice and policy, and critical thinking and evidence-based practice
- * Helps readers to recognize how to recognize propaganda, avoid pitfalls in decision making, critically appraise research, and improve their practice
- * Ideal for graduate and undergraduate courses in research and practice

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