

Ecstatic Lovemaking: An Intimate Guide to Soulful Sex

Victoria Lee, Hugh Prather, Gayle Prather



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In *Ecstatic Lovemaking*, sex therapist Dr. Victoria Lee simplifies many esoteric Eastern sexual practices and teaches couples how to connect with the spiritual aspects of sexuality, taking their sex lives to a whole new level. By restoring sexuality to the status of the sacred, *Ecstatic Lovemaking* shows how spirituality and passionate sexuality can go together in order to experience intense lovemaking.

Dr. Lee offers a soulful approach to sexual problems and inhibitions, as she invites readers to open the door to sex as it is meant to be--a highly connective experience involving the mind, body, and soul.

Chapter topics include increasing female passion, male sexual self-esteem, improving sexual communication, tools for passionate bonding, secrets of ecstatic lovemaking, and sex and aging.

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