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*Margaret Brown*

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# Personalities: Is it Passive Aggressive?: Difficult? Stubborn? Hostile? Procrastination? Free Yourself NOW!

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## **Personalities: Is it Passive Aggressive?: Difficult? Stubborn? Hostile? Procrastination? Free Yourself NOW!** Margaret Brown

#1 Best Seller - Now in Paperback! Improve Your Relationships! What is Passive Aggressiveness? Which People in Your Life Display this Behavior? How can you Stem Passive Aggressive Behavior? Passive Aggressive: Is it passive aggressive personality? Difficult? Stubborn? Hostile? Free Yourself NOW! explains this common and insidious personality trait, and how you can cope with it. You'll find out about how passive aggressive behavior is related to bullying, and how to recognize when passive aggressive behavior is directed towards you. Here's a preview of what you can learn from this insightful book: "Your relationships, if strained, may incorporate an element of passive aggressive behavior. You may not know it because this kind of behavior hides behind a façade and doesn't always make itself clear. It's every bit as harmful as aggression, which is shown in a physical way and can indeed have long term effects mentally. The damage done by people who use passive aggressiveness can be long lasting. It can indeed last longer than the bruises left after a beating. Children who experience it may continue right through their adulthood to feel the effects." Do you feel like people are always picking on you and interfering in your life? Do you feel that what you do is never good enough? Do the people around you always seem to make unreasonable demands on you? If so, you may have a passive aggressive personality. Don't worry - this helpful book can teach you to understand yourself better, improve your relationships, and live a happier life! Purchase Now to Free Yourself! Find out how to manage this difficult personality trait! You'll be so glad you did!

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