



# Real Life in Castro's Cuba (Latin American Silhouettes)

*Catherine Moses*

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## **Real Life in Castro's Cuba (Latin American Silhouettes)** Catherine Moses

This new book provides a first-hand, grassroots look at life in Cuba, including very vivid descriptions of its people and places. Real Life in Castro's Cuba illuminates the human face of Cuba, which over the years has largely been hidden in the shadow of Fidel Castro. Real Life in Castro's Cuba is written by Catherine Moses, who lived and worked in Cuba as a press secretary and spokesperson for the United States from 1995 to 1996. This compelling, compassionate portrait contains personal observations about the Cubans' struggles, triumphs, hopes, and daily compromises to survive. The Cuban population lives with a deteriorating infrastructure, forcing many hardships on the people, including a scarcity of food, fuel, clothing, medicines, and other basic needs. The author's detailed cultural account of Cuba introduces the reader to everyday Cubans from party officials to dissidents to everyone in between. It shows how Cuba's socialist system works and gives reasons why Fidel Castro is still in power. Real Life in Castro's Cuba also describes the significant role of religion and spirituality in the life of Cubans. Although Moses expresses regret over the state of U.S.-Cuban relations, the purpose of the book is not to choose up sides. Instead, the book is designed simply to introduce readers to real life in Cuba. The book's unique approach allows an intimate picture of life in a faded Marxist regime. As the author writes, "Cuba is a curious mixture of Spanish Caribbean, socialist ideals gone awry, memories of what was, and a desperate need to survive." This fascinating new book will appeal to all readers who are interested in getting a closer look at what life is like in Cuba today.

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