



Young Adult Type 1 Diabetes Realities

Nicole Johnson DrPH

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Young adulthood is full of exciting discoveries, new adventures and lots of learning. For those young adults with type 1 diabetes, this time of life can be stressful and dangerous. This book is full of practical advice and first-person accounts of how to successfully manage the transition from dependence (life with Mom and Dad) to independence in life with type 1 diabetes. Nicole Johnson, DrPH, MPH, MA Miss America 1999

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