



**International Paleo, Gluten-Free, Low Carb  
Crock-Pot Recipes: 59 Easy and Delicious  
Breakfasts, Soups, Salads, Dinners, and Desserts:  
All Paleo Perfect, ... - International Paleo Series  
Book 8)**

*Tag Powell*

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# **International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8)**

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**Hi!**

**I am Tag Powell. I have had the good fortune to travel the world and enjoy the food delights of each country. Upon returning home I discovered little substitutions to create the same dishes at home.**

**Forget for awhile about the fact that this Paleo, gluten free, low carb, no processed sugar, non-dairy slow cooking cookbook. Let's think about the taste.** These amazing international crock-pot recipes are absolutely delicious. I cook a lot, always trying new recipes and every once in a while I enjoy an escape to a "magic meal".

Reader Maryanne K., a teacher and mother of three, said "Crock-Pot is the Magic Pot that will cook while I go to work, run errands, grade homework or spend time with the kids. You can prepare several meals at your leisure and freeze them and toss them in your Crock-Pot as needed. A meal that cooks itself, it is magic". Your "Magic Meal" will be chosen from one of these 59 Easy and Delicious International Crock-Pot Recipes. It doesn't matter if it's Breakfast, Soups, Salads, Dinners, or Desserts they are all covered in their sections.

Any recipe is instantly at your finger tips through the one click in the organized index.

Full color pictures on most recipes to help you know what you are making.

**You can read any International Paleo Kindle book on your PC, Mac, Notebook, Tablet or Smart Phone from anywhere with free Amazon app.**

**Read The Reviews!**

I am sure you already know about Paleo but you will want to share this book with friends through Amazons members free loan program. I don't consider Paleo system a diet it is really a substitution of a few things, you can eat the good stuff. And the guys love it because they can have bacon. I call Paleo a diet for the rest of us. Send this book to friends who don't know about this wonderful system. To help them, I start with an introduction to the Paleo system, a short history, the Paleo basics and the difference between Paleo and Gluten-Free.

**You can join me on a quick trip around the globe without leaving your kitchen.**

Greek Minced Lamb and Sausage Meatballs

Indian Chicken Curry Style

Spicy Hungarian Stew with Sausage and Chicken  
German Beef Shanks  
Mexican Chicken Enchilada Stew  
New England Apple Pork Recipe  
Smokey Coffee Roast  
Delicious Crab Chili Chowder  
Ranch Hand's Chili Beef Stew  
California Beef Roast with Orange Zest, Coffee, and Cinnamon

Still room for desert? Try...

Bananas Foster

Overnight Apple Cobbler

Remember all these luscious delights are International Paleo, Gluten-Free, Low Carb and Dairy-Free Crock-Pot Recipes. You will be the only one who knows it really healthy food.

Grab this book now while you are thinking about it!

Still undecided? Check these Amazon Verified Reviews...

Amazon Verified Reviewer

**Lysanne P. - 5-Star Purchase Verified**

Oh my....this cookbook has so many amazing paleo friendly recipes to use in your slow cooker, what could be better? I have a son allergic to gluten so I am always looking for new recipe ideas and using my slow cooker is even better. Not only do you come back home with a delicious meal ready to eat, you know it will be great, gluten-free and the house smell so good. I will be using this cookbook often.

Amazon Verified Reviewer

**Liz Sandford - 5-Star**

I just gave myself the best gift ever! Tag's Paleo Gluten Free Low Carb Crockpot Recipes is perfect for the upcoming holidays and every day. I've been a fan of this author for a long time. In this book Tag explains the difference between recipes that are 'Paleo' and those that are 'Gluten Free'. An important distinction. I was expecting main course recipes (I'm trying his 'Crockpot Mashed Potatoes' with 'Paleo Turkey' for Christmas Day) but he even has recipes for breakfast and dessert.

**J. Stevens - 5-Star Verified**

If you are new to Paleo diet and is wondering why it is such a hot healthy trend, you should read this book. You will get a brief history of Paleo a

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**From reader reviews:**

**Corrine Switzer:**

Book is to be different for every grade. Book for children till adult are different content. As we know that book is very important for all of us. The book International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) has been making you to know about other knowledge and of course you can take more information. It is quite advantages for you. The publication International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) is not only giving you much more new information but also to become your friend when you experience bored. You can spend your current spend time to read your book. Try to make relationship with all the book International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8). You never feel lose out for everything should you read some books.

**Michelle Wilson:**

Playing with family within a park, coming to see the coastal world or hanging out with close friends is thing that usually you will have done when you have spare time, in that case why you don't try point that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8), it is possible to enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't buy it, oh come on its named reading friends.

**Candy Dixon:**

This International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) is brand new way for you who has interest to look for some information because it relief your hunger details. Getting deeper you onto it getting knowledge more you know or else you who still having bit of digest in reading this International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) can be the light food to suit your needs because the information inside this kind of book is easy to get simply by anyone. These books develop itself in the form that is certainly reachable by anyone, yep I mean in the e-book application form. People who think that in reserve form make them feel sleepy even dizzy this book is the answer. So there isn't any in reading a reserve especially this one. You can find what you are looking for. It should be here for you. So , don't miss the idea! Just read this e-book variety for your better life and knowledge.

**Jason Norfleet:**

That book can make you to feel relax. This kind of book International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) was colorful and of course has pictures around. As we know that book International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) has many kinds or variety. Start from kids until teenagers. For example Naruto or Detective Conan you can read and feel that you are the character on there. Therefore not at all of book usually are make you bored, any it can make you feel happy, fun and loosen up. Try to choose the best book for yourself and try to like reading that will.

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