



Breaking the Silence: A Guide to Helping Children with Complicated Grief - Suicide, Homicide, AIDS, Violence and Abuse (Travel Guides)

Linda Goldman

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The second edition of this bestselling book is designed for mental health professionals, educators, and the parent/caregiver, this book provides specific ideas and techniques to work with children in various areas of complicated grief. It presents words and methods to help initiate discussions of these delicate topics, as well as tools to help children understand and separate complicated grief into parts. These parts in turn can be grieved for and released one at a time.

A new chapter is included, called "Communities Grieve: Involvement with Children and Trauma." It includes information on The Taiwan Earthquake and how the community worked with children, a school bus accident in which 36 elementary school children witnessed the death of the bus driver that was driving and how the school system worked with these children and their families; a boy who was running on a cross country team and got hit by a car, which was witnessed by teammates; and how a non-profit community grief agency worked with family, school, and community. The last study is from the Oklahoma bombing and the outgrowth of a place for the traumatized children and how they still work with kids and family today. This chapter then contains new activities to work with traumatized grieving children.

The new edition also includes updated resources, books, curriculums, websites, hotlines and another new chapter on bullying and victimization issues. The chapter for educators has been expanded, including the coverage of topics such as at-risk students, gay and lesbian issues, and self-injurious behaviors.

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