



# The Diabetes Handbook: Create Awareness and a New You

*CFT, CPT, RD. CDE Dino Paul Pierce*

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**The Diabetes Handbook: Create Awareness and a New You** CFT, CPT, RD. CDE Dino Paul Pierce

Dino is committed to doing everything he can to make sure your learning is the best that it can be. As a board certified diabetes educator, registered dietitian, certified insulin pump trainer, personal trainer, and allied healthcare practitioner he's been told by colleagues, MDs, numerous medical professionals, and patients that his gift is his ability to take complex information and explain it a way that is easy to understand. With that intention he went above and beyond to deliver this material as such. You'll find this handbook a great place to refer to when you are trying to understand the multitude of aspects related to diabetes. While it is a quick and easy read it is quite extensive, extremely informative, and filled with useful tips and things that you need to know and understand whether you are diabetic or working towards preventing a diagnosis. He kept this book straightforward and informative while leaving out all of the labyrinthine medical terminology.

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