



**By Bethenny Frankel - Skinnygirl Solutions: Your
Straight-Up Guide to Home, Health, Family,
Career, Style, and Sex (7/30/13)**

Bethenny Frankel

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In *Skinnygirl Solutions*, New York Times bestselling author, Bethenny Frankel offers her best tips on home, health, family, career, style, and, of course, sex. Her no-nonsense advice extends beyond the first adult steps and well into real relationships, established careers, and mommyhood. *Skinnygirl Solutions* offers many practical tips on how to lead a well-balanced life,

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