



Rottenseed! Cottonseed, Alzheimer's and Your Brain

Bruce Semon MD PhD

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This book is written for people who want to know where Alzheimer's is coming from and how to prevent it. Where does Alzheimer's come from? In our food there is a cottonseed toxin which can go to the brain and tie important structures up randomly. This toxin is an ideal candidate for causing Alzheimer's. Why is this toxin in our food? Cottonseed, left over from cotton farming, contains poisons but is also fed to farm animals, poultry and fish. The poisons remain in the meat and fat of the animals. Then people eat these toxins as they eat this meat. At least one of these toxins can go the brain and cause Alzheimer's. The answer for people who have seen loved ones suffer from Alzheimer's is to avoid eating cottonseed toxins. Dr. Semon is the first writer to shed light on the hidden practice of feeding poisonous cottonseed to animals which people then eat. This book tells what the cottonseed toxins can do, where they are, how to avoid them and why the biomedical research establishment has not looked at them. This book describes Dr. Semon's own experiments on feeding cottonseed to animals. This book is written to be easily understandable and does not require any special background to read.

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